



Cultivate

Developing Managers
into Impactful Leaders

Programme Overview



Cultivate is a transformative leadership program designed to empower you as a manager.

It aims to elevate your skills and guide you through the transition into an influential leader. Through a carefully crafted combination of immersive residential modules, personalised coaching, and online workshops, you will embark on a journey of self-discovery, skill development, and personal growth. With the support of one-to-one coaching and triangular coaching involving organisation sponsors, Cultivate provides a safe and enriching environment for you to explore new territory, experience light bulb moments, and undergo behaviour change that will benefit both you and your organisation. This program equips you with the essential tools and knowledge to lead with purpose and impact, enabling you to make a positive and lasting difference as a leader.

Cultivate is for Managers who:

Are stepping or aspiring to step into leadership roles



Are seeking to build cohesive and high-performing teams



Are looking to enhance their leadership skills



Want to enhance their leadership impact and effectiveness



Aim to make a positive impact on their organisations



Want to deliver sustainable change



Want to provide strategic direction



Want to be decisive and confident in their approach



Want to explore their personal leadership potential



Maintain a successful work-life balance



Want to develop self-awareness



Want to cultivate leadership capability, self-belief and the ability to win hearts & minds!

Programme Delivery

Cultivate offers a transformative learning experience through a combination of online, in-person, individual and group experiences.

Participants begin with a 360 audit review and feedback process which is followed by a residential Module. This is supplemented by ongoing development in the form of online workshops to reinforce learning, as well as coaching exercises which are delivered both on a one-to-one basis and as a triangular session with the organisation sponsor. This is to ensure personalised guidance and to align leadership development with organisational goals. An additional residential takes place later in the programme.

Foundational Development Planning

360-degree review and feedback process conducted to determine an understanding of participants leadership style

Module 1: Leading Self and Others

A 3-day residential including a combination of theory and practical learning

Module 2: Leading with Purpose

This module is conducted virtually over 4 half-day workshops

Each workshop covers a different submodule

The workshops cover the following:

- Coaching Skills for Leaders
- Diversity and Inclusion
- Change and Situational Leadership
- Leading Others Through Change

Module 3: Leading with Impact

A 2-day residential including a combination of theory and practical learning

Continuous Personal Development

- 4 x One-to-One coaching sessions over the twelve-month period
- 3 x Triangular coaching sessions with organisation sponsor over the twelve-month period
- Lifelong membership to Alumni community and events
- Continued access to resources on Lifelong learning platform



**A long term investment
with compounding interest**

What To Expect

Participants of the Cultivate programme can expect:



An immersive learning experience



A safe space to develop and grow



Ongoing facilitation of learning



A support system at every step of the way



A clear roadmap to personal and professional development



Perpetual membership to the exclusive Leadership Trust alumni community

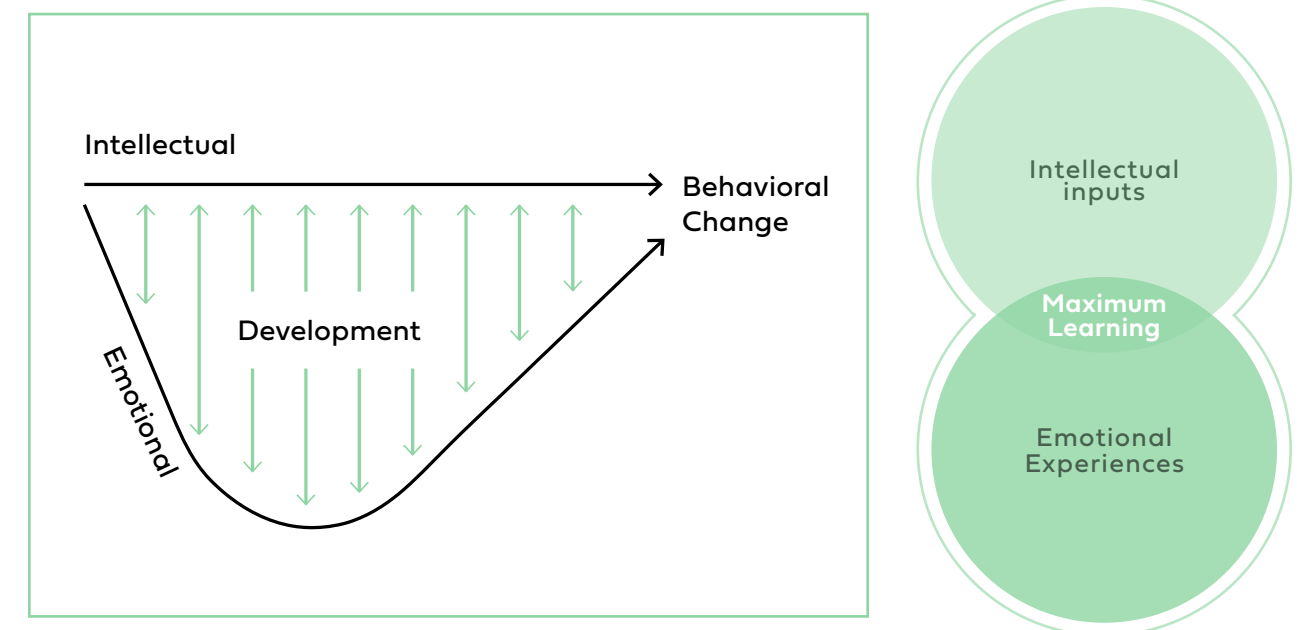


Continued access to resources on the Lifelong learning platform

Our Approach

Our focus is not on teaching, but on engineering transformative experiences that mirror the real-life challenges leaders encounter in the workplace.

We foster emotional and social learning, by exposing participants to challenges that uncover default behaviours. Through Cultivate, we adopt an experiential learning approach to leadership, which integrates intellectual understanding with emotional appreciation. This methodology is designed to optimise the learning outcomes and facilitate significant personal and professional growth.



Being part of the process has not only had a positive impact on how I approach business, but it has enhanced my approach to life. It has been a wonderful experience. The coaches at Leadership Trust are inspiring."

Client Testimonial

Identify and align personal and professional objectives



The programme has given me the space and guidance to confidently take the lead over the next steps in my career and to focus on the why, what and how of what I am trying to achieve with and within my business."

Client Testimonial

Where We are Today

80,000

Leaders developed and counting

> 45 Years

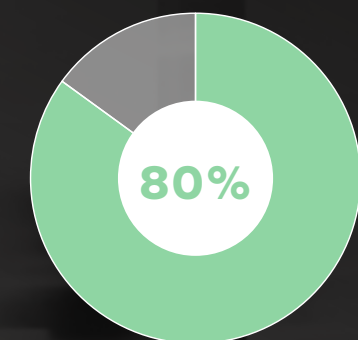
spent solely focused on leadership development

Global Reach

leaders developed from around the globe.

Worldwide Presence

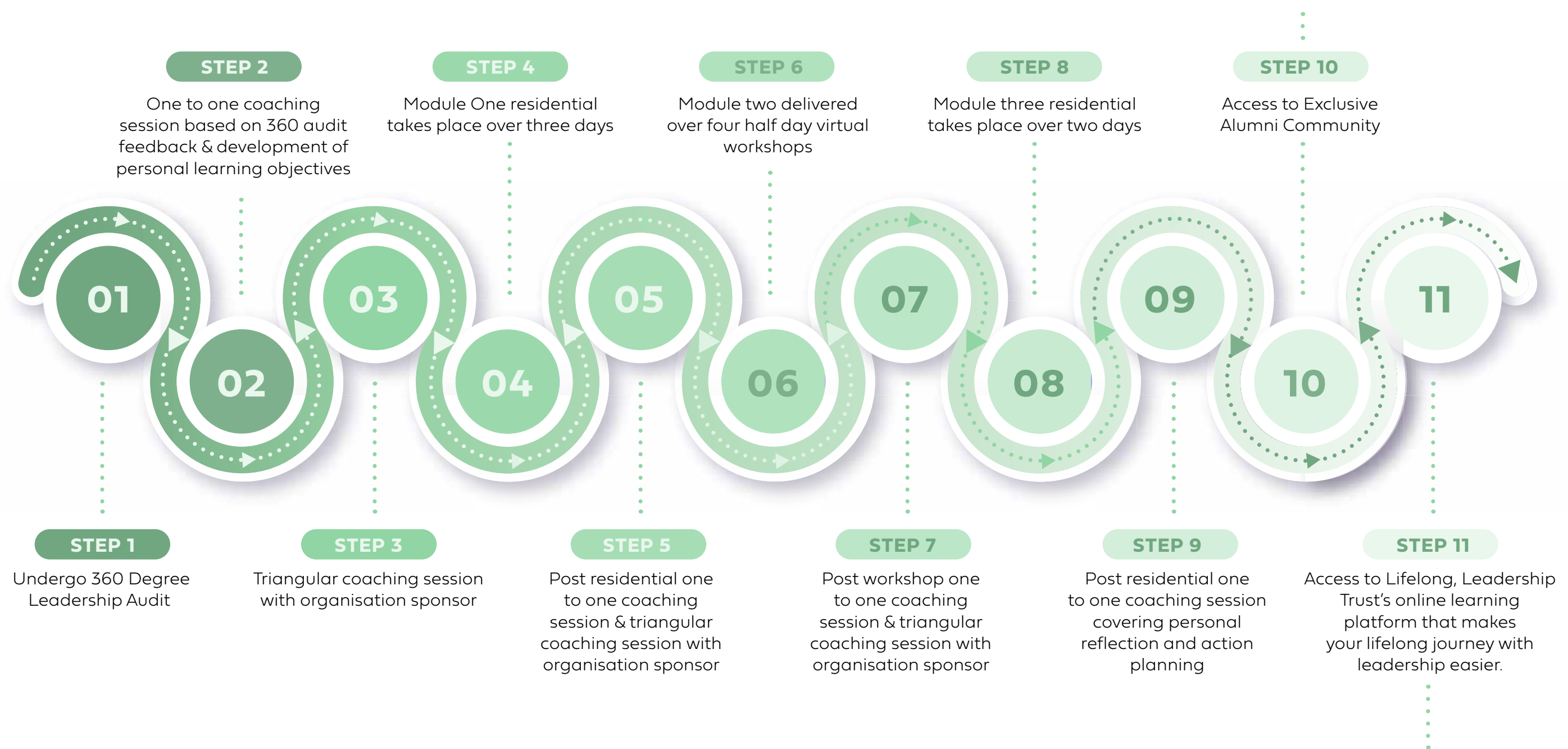
programmes currently offered in the UK and Singapore, with capability to provide our services across a number of regions worldwide



Our customers have such a positive experience on our programmes that they recommend Leadership Trust to their trusted colleagues and friends. 80% of our new business comes from referrals

Are you ready to discover the next stage of your career?

Contact us today on info@leadershiptrust.co and book a free call with our team.



This gives you access to:

- Bi-monthly 2, 2, 2 workshops where we revisit key frameworks from the course
- VIP access to future events and programmes.
- An online community of alumni

Cultivate: The Process

Here's what to expect once you have booked your place on our 12-month Cultivate programme

Module 1: Leading Self & Others
Module 2: Leading with Purpose
Module 3: Leading with Impact

This gives you access to:

- Course content and notes
- An online community of alumni and course directors
- Direct bookings to Learning Success and coaching sessions

