



- ClientsDelegates
- Delivery Locations

# Leadership in Management Enabling Lifelong Transformation

Leadership in Management unlocks your personal power, enabling you to know and control yourself so that you can lead in a confident, strategic and impactful way.

# Who is Leadership in Management for?

# Leaders who want to

Identify and develop their personal leadership style



Discover and nurture their vision and purpose



Facilitate greater and more effective collaboration



Remain calm and strategic in the face of complex business challenges



Improve personal and professional relationships





Achieve personal and professional growth



Lead themselves and their organisation with confidence



Drive better processes and communication channels



Gain heightened visibility over themselves and their team's emotions



Maintain a successful work-life balance

Win hearts and minds to achieve a common purpose!



At the heart of all our leadership development programmes is the fundamental belief that in order to lead others, you must first know yourself.

An immersive, and high-impact programme, Leadership in Management is offered at predetermined dates throughout the year. The programme, set over a 12 month period, comprises of online support and virtual workshops alongside the core 5.5 day residential at one of our training locations. Participants form part of a cohort and undergo the duration of the programme together. During the course of the programme, and in particular during the residential component, individuals undergo an emotional journey and begin to uncover more of themselves through a range of different mediums which have been designed to support self-awareness and discovery.

#### The course features:

#### **Project Based Activities**

Designed to simulate the problems, pressures and challenges that participants are faced with in the workplace. Participants are stretched within a psychologically safe learning environment, enabling them to understand themselves, the impact they have on others, and how they react to each other under business pressures.

#### **Reviews & Debriefing**

Reflection on personal and group behaviour, interactions and emotions. Key learning points are identified and discussed.

#### **Co-Coaching Conversations**

A high-impact process which enables participants to make personal sense of their learning and consider its application in the workplace and beyond.

#### **Theory Presentations**

Short but effective presentations of relevant theory and models to be explored and practiced throughout the programme. Delivered by an experienced Leadership Trust Course Director

#### Feedback & Action Planning

A safe environment for individuals to experiment with their leadership skills and learn what works before putting it into practice.

#### **Ongoing Online Support**

The Learning Success Team are dedicated to ensuring you are supported at every step of the way



The programme has been adapted to cover a 12 month period to ensure participants are guided through the ongoing leadership development process. While the core component of the course is the in-person residential training, participants are supported from the moment they sign up, right until the very end of their leadership journey.

development of personal

learning objectives

Leadership in Management is our flagship leadership development programme and has been offered since our inception in 1974.

# 11 Step Process

Manager + receive

introductory call

STEP 2

Undergo 360 Degree Leadership Audit

#### STEP 4

Leadership in Management Residential Course takes place over 5.5 days

#### STEP6

1<sup>st</sup> Personalised Learning Success session

#### STEP 8

2<sup>nd</sup> Personalised Learning Success session

#### This gives you access to:

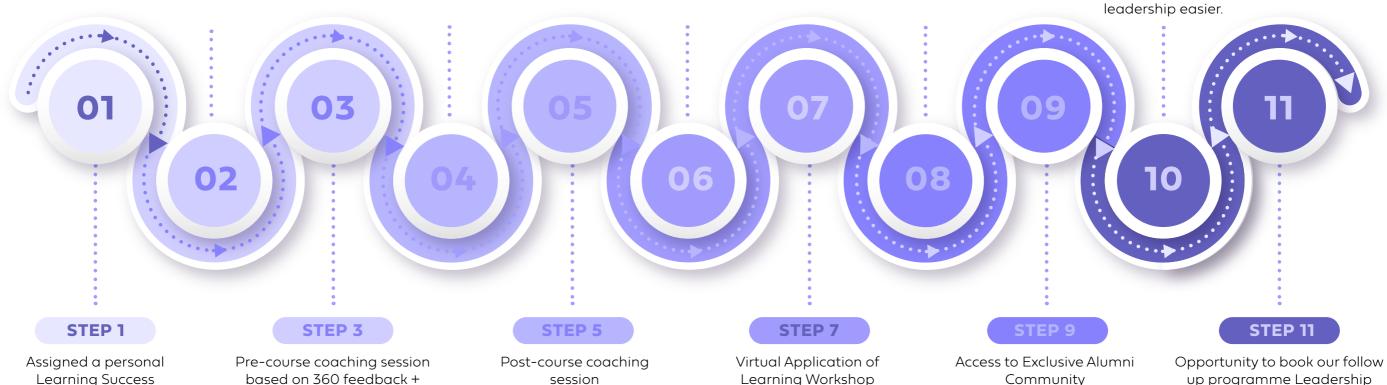
- Course content and notes
- · An online community of alumni
- Direct bookings to Learning
- Success and coaching sessions

STEP 10

Continued access to Lifelong, Leadership Trust's online learning platform that makes your lifelong journey with leadership easier.

in Application and take your leadership development to the

next level



This gives you access to:

- Bi-monthly 2,2,2 workshops where we revisit key frameworks from the course
- VIP access to future events and programmes
- · An online community of alumni



## This has literally been life changing!

I can honestly say that this was the most enlightening leadership course I've experienced. It's fully immersive, *Apprentice*-like in its range of tasks, with highly intuitive course leaders. The peer feedback was a real eye-opener, quite emotional at times, and has made such a positive difference to my thoughts on leadership and my leadership style. I can't recommend this enough.

**Client Testimonial** 

# Where We are Today

#### 80,000

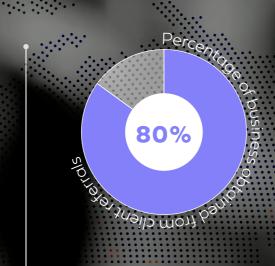
Leaders developed and counting

#### > 45 Years

spent solely focused on leadership development

#### Global Reach

leaders developed from around the world



#### Worldwide Presence

programmes currently offered in the UK and Sinagpore

## What To Expect from the Residential

There is nothing typical about a day on the Leadership in Management residential. The daily schedule has however been kept a secret to uphold the sanctity of the programme. Any concerns about the course and ability to participate can be directed to our team here.

	Duration	Location
UK	5.5 Days	Herefordshire
Singapore	5.5 Days	Bintan



I had little idea what to expect so to say it exceeded expectations does the Leadership Trust no credit. It was a challenging, instructive and hugely valuable experience led by staff who genuinely had the candidates very best interests at heart. I learnt far more than I expected on so many different levels. Essential for managers irrespective of business size. Thank you Leadership Trust.

**Client Testimonial** 

## **Our Methodology**

We do not teach, we engineer experiences that reflect key challenges leaders will face in the workplace and enable learning by experience.

Under pressure, default behaviours occur. Our approach to leadership is experiential learning, combining intellectual understanding with emotional appreciation. We believe this approach allows for the maximum learning output.

#### **Course Outcomes**



# Developing self-awareness and emotional intelligence

Have greater self-awareness, resilience, and confidence. Understand your own personal power and harness it to lead.



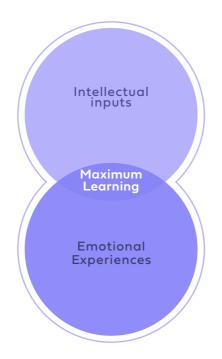
#### Creating stronger, more agile teams

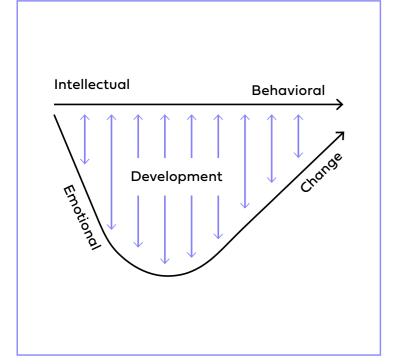
Create greater collaboration, assembling teams with a stronger purpose and vision. Encourage ambition, galvanising leaders to innovate, think bigger and beyond themselves.



#### Team building

Learn about team dynamics and how to communicate effectively with different personality types.





# What is experiential learning?

Experiential learning is a learning process where individuals undergo activities which enable them to 'learn by doing" and reflect on their experience thereafter. Experiences used for this learning process are intentionally selected for their potential to allow for practice and skill building to emerge.

#### **Faculty Testimonial**



# John White

I have been involved in a considerable number of Leadership in Management programmes over the last thirty years or so and whilst there have been significant events during that time, **my lasting impression is that of compassion and generosity**. Delegates from all over the world, all types of organisations, all ages, have cared a great deal for each other.

They cared for people they didn't know on day one and yet by day five were able to give the most honest and valuable feedback to on how they could be more effective in their daily lives. There is something so fundamental to the human spirit about this generosity, in wanting to help others and yet it takes something like a five-day residential programme to act as the catalyst. It is only by experiencing exceptional things together that breaks down the barriers that get in the way during 'normal life'.

As a result of these acts of kindness, I have seen people walk away from the programme physically taller having been told how good they are, by people they could really trust. For others, there is perhaps a little more humility in their approach to life, after realising that there may be an even better way than the one they had always used until now.

Does the Leadership in Management do these marvellous things - no, people do it for themselves! The course and the staff involved simply provide the safe and challenging environment that allows this magic to happen. They, in turn, pass on the generosity they received during their Leadership in Management course, paying it forward, and so it goes on.

#### John White Bio

Jon White is an inspirational speaker and leadership consultant who helps organisations improve their performance by improving their leadership capabilities. He is an esteemed member of our faculty and has been working with The Leadership Trust since 2017.





